

<p>I can decide spontaneously to go to a movie, lecture, conference, concert, worship service, bar, restaurant, amusement park, etc</p>	<p>I don't have to worry about being sent to an institution or having my legal and political rights taken away when I would otherwise be a legal adult</p>	<p>If I become street homeless, I can go into any shelter or housing services agency, and expect their building and services to be accessible to me</p>
<p>I can drive or navigate public transport options without difficulty</p>	<p>I can choose a place of worship based on their worship style or beliefs, instead of whether services are interpreted for me or the building is accessible</p>	<p>When I go shopping alone, I can reach and obtain all the items I need, cashiers will see me and I can easily see and use credit card payment machines</p>
<p>I can sit anywhere I want when I go to an event, restaurant, or religious service</p>	<p>If I make a mistake, other people won't use it against all other people like me</p>	<p>When shopping for clothes I don't worry about finding a dressing room I can use</p>
<p>I can attend social events without worrying if I will be able to enter the building or use the facilities</p>	<p>People believe me when I say that I can do one thing but not another thing</p>	<p>People in customer service don't ignore me or become nervous because of how I communicate and will be able to communicate directly with me in the way that I normally communicate</p>
<p>If I am in the company of people that make me uncomfortable, I can easily move elsewhere</p>	<p>The things that I can do are not used as evidence against me when discussing how my brain or body works</p>	<p>The noise and strobes of fire alarms pose no physical or mental danger to me</p>

I can easily arrange to be in the company of people like me	I can easily find accommodation that is accessible for me	If I were in a building on fire, I could get out on my own
When asking to speak to a person in charge, I will be speaking to someone like me	I can buy a home that is accessible and adaptable without looking for it specifically	Public safety information, like traffic signs, curb cuts, maps, detour notices, or other announcements are accessible to me
People like me are seen as having lives worth living	My entire neighborhood is accessible to me	If I do have children, people won't question whether it was responsible or ethical to do so
When ordering food at a restaurant, I can communicate my choices easily with the wait staff and know they understand me	I am politically represented by people like me	My children will also not be taken away from me by child protective services simply because of how my brain or body works
When eating at a restaurant I know the food will be served in a way that is easy for me to eat	Other people automatically respect, validate, and understand my form of communicating	I can choose to share my life with someone without it being seen as a disadvantage to them

<p>If I'm not participating in an activity or program it's assumed this is my choice and not because it's inaccessible to me</p>	<p>The ways that I communicate, move, express my emotions, react to stress, and get through my day are considered the standard way of life</p>	<p>If I am rejected by a potential intimate partner, I know the reason was not because of how my brain or body works</p>
<p>I can see people like me widely and accurately represented in film and television</p>	<p>I am not told to adjust my behaviour or mannerisms to be 'fit in'</p>	<p>No one will tell me that I am incapable of relating to or forming relationships with other people because of how my brain or body works</p>
<p>I was raised without messages that my body or brain is inferior and needs to be "fixed"</p>	<p>I don't have to carry a card, tag, or item that explains my movements, sounds, or way of communicating</p>	<p>People assume that I can have and express romantic and sexual desire in potential intimate partners</p>
<p>At school I was given curricular material that represented people like me as role models</p>	<p>I can talk about my interests for a long time without people treating it as a symptom</p>	<p>If I am LGBTI+, I won't be told that my sexual orientation or gender identity are symptoms of how my brain works</p>
<p>When studying, most teachers and professors like me</p>	<p>I can decide if, and when, I have children</p>	<p>I can take a job without having someone suspect I got my job because of pro-disability employment practices</p>

When studying, if people like me have been discriminated against in history I will learn about it	If I decide not to have children, no one will assume that my brain or body must be the reason why	If I do have children, people won't question whether it was responsible or ethical to do so
When ordering food at a restaurant, I can communicate my choices easily with the wait staff and know they understand me	I am politically represented by people like me	I am able to access treatment with medical professionals who are like me
If I am fired, not given a raise, or not hired, I do not have to question whether it had anything to do with my brain or body	I can plan far in advance without worrying about unpredictable pain, disease, or anxiety ruining my plans and costing money to resolve	I don't have to educate every new doctor or other health care worker about how my brain or body works
People are not discouraged from hiring me because of the way my brain or body works	I can read any content available in any library or bookstore	I can find therapists who are like me
I don't worry about a job interviewer's reaction to the way I talk or move, or to my adaptive equipment or service animal	I never have to notice when a building has no signs in Braille	I am considered the expert on my own memories, experiences, emotions, preferences, and body – not someone else

<p>I know that my income can increase based on my performance, and I can seek new and better employment if I choose</p>	<p>If I have internet access and want to go on the internet, I can access all materials on any site</p>	<p>When someone says that all they want is a “healthy” baby, I know they mean a baby whose brain and body will be like mine</p>
<p>If I don't have a university degree, people won't assume that it's solely because of my brain or body</p>	<p>I don't have to rely on strangers to help me bathe or use the toilet, so I don't have to worry about whether I can trust them or not</p>	<p>If I need a lawyer, they will be able to communicate directly with me in the way I communicate</p>
<p>I won't be late for meetings as a result of mobility barriers</p>	<p>I can expect medical professionals to understand how my body works, to answer my questions, and respect my decisions and autonomy</p>	<p>I can choose if I want to be part of the fight for disability justice or disability rights (or even whether to think about disability); I don't have to live it every day if I don't want to</p>
<p>I can reliably expect that most, if not all, bosses, managers, and supervisors I have will be like me</p>	<p>I don't have to choose between reporting abuse from my support staff and losing services that I need</p>	<p>If I become street homeless, I can go into any shelter or housing services agency, and expect their building and services to be accessible to me</p>
<p>I don't have to choose between working to earn and save money or keeping my life-sustaining supportive services</p>	<p>I can reliably trust whatever researchers and scientists say about people like me, and I won't feel dehumanized or ignored by their findings</p>	<p>Intentionally blank</p>

